



Battling the Opioid Crisis:

Johnson & Johnson Resources and Programs for Employees and Their Families

The opioid abuse and addiction epidemic is having a devastating impact on communities across our country. J&J is committed to help find solutions to this epidemic. We also offer many benefits and resources to our employees and family members who may be personally affected by this crisis.



Prescription Drug Outreach Program

- In partnership with Express Scripts, J&J recently launched an outreach program to provide support to employees or covered family members who fill a prescription for an opioid
- Program offers tips on safely using prescription opioids
- Non-opioid pain medications are also covered under the plan
- *Contact:* 1-866-713-7779



Counseling and Online Resources

- Our Employee Assistance Program (EAP) provides up to 5 phone counseling sessions at no cost for employees and members of their households
- The EAP and Work Life Solutions also offer online tools and resources, including self-assessments, education, and webinars on identifying and dealing with addiction
- *Contact:* 1-800-491-1700



Substance Abuse Inpatient Care & Outpatient Treatment Programs

- J&J provides coverage for employees and family members for chronic opioid usage or substance abuse through their health plan
 - Intensive evidence-based inpatient and outpatient programs (including detox, residential treatment and partial hospitalization)
 - Medication assisted therapy (MAT)
- *Contact:* call the number on the back of your medical ID card



Alternatives for Pain Management

- J&J medical plan offers coverage for employees or family members who want alternative treatments for pain management
- Based on medical necessity, acupuncture, chiropractic and physical therapy are available
- **New!** Under Dental Program with Aetna, analgesic injection at surgical site instead of prescription pain medication following dental surgery
- *Contact:* call the number on the back of your medical ID card